

Telehealth 1-2-3

The following instructions are provided to get you access to MyChart and an online (Telehealth) appointment with your doctor. If you do not have a MyChart account please start at #1 below. If you already have MyChart access, please proceed to #2.

1. **Activate MyChart** (access to EPIC)
 - a. Call the office at (203) 481-0315
 - b. Request a text to activate MyChart
 - c. Receive text from YNHH regarding MyChart activation
 - d. Click on link for MyChart activation
 - e. Fill out information on MyChart signup page
(Remember your Username and Password)
 - f. Submit - (MyChart activation is complete)
2. **Download the MyChart app** (from the Apple or Google App store)
 - a. Click “Open” to download MyChart app
 - b. Select organization
 - i. Choose Connecticut
 - ii. Choose YNHH (alphabetical, scroll to bottom)
 - c. Input your Username and password on YNHH page
 - d. Log in - (MyChart app is now downloaded)
3. **Go To Telehealth appointment** in MyChart app
 - a. At your telehealth appointment time, click on MyChart app
 - b. Input Username & Password which opens to homepage
 - c. Click on appointments
 - d. Click on appointment with your DDA doctor
 - e. Click on **Begin Visit** at your scheduled visit time