

GOLYTELY SPLIT DOSE INSTRUCTIONS

THE DAY BEFORE YOUR PROCEDURE: NO FOOD, CLEAR LIQUIDS ONLY

1. Mix your laxative drink in the morning, refrigerate if you would like.
2. 5:00PM- Drink 8 ounces every 15 to 20 minutes until you drink 8 glasses. Refrigerate the remaining.

THE DAY OF YOUR PROCEDURE:

1. _____(6 hours prior to your procedure)- Drink 8 ounces every 15 minutes until you finish the remaining container.
2. You must be done with your prep and nothing else by mouth not even water (**UNLESS YOU TAKE BLOOD PRESSURE, HEART, ANXIETY OR SEIZURE MEDICINE TO BE TAKEN AT LEAST 2 HOURS PRIOR TO YOUR PROCEDURE WITH A SIP OF WATER**) by_____.

Date of procedure: _____

Arrival time: _____

(your arrival time is subject to change, a nurse will confirm your arrival time within 1 to 2 days before your procedure)

Procedure time: _____

__Yale New Haven Hospital, 35 Park Street, New Haven (Smilow - 4th Floor)

__Yale Saint Raphael Campus 1450 Chapel Street, New Haven (2nd Floor, GI Suite)

__Digestive Disease Associates Endoscopy Suite 229 Montowese Street, Branford

__Yale Shoreline Hospital Patriot Center 800 Boston Post Road, Guilford