

# SUPREP BOWEL PREP INSTRUCTIONS

## IF YOUR ARRIVAL TIME IS BEFORE 11AM FOLLOW INSTRUCTIONS BELOW

### DAY BEFORE YOUR PROCEDURE

1. NO FOOD, ONLY CLEAR LIQUIDS ALL DAY
2. 5:00 PM - Mix 1 bottle of Suprep with 16 ounces of cold water, stir and drink it.
3. Drink another 32 ounces of water over the next hour
4. Stay on clear liquids.
5. 11:00 PM - Mix the other bottle of Suprep with 16 ounces of cold water, stir and drink it.
6. Drink another 32 ounces of water over the next hour, then NOTHING MORE BY MOUTH after that, except medications listed in #7.
7. Blood pressure, heart, anxiety or seizure medicine should be taken with a sip of water at least 2 hours prior to your arrival time.

## IF YOUR ARRIVAL TIME IS AFTER 11:15 AM FOLLOW INSTRUCTIONS BELOW

### DAY BEFORE YOUR PROCEDURE

1. NO FOOD, ONLY CLEAR LIQUIDS ALL DAY
2. 5:00 PM - Mix 1 bottle of Suprep with 16 ounces of cold water, stir and drink it.
3. Drink 32 ounces of water over the next hour
4. Stay on clear liquids.
5. DAY OF YOUR PROCEDURE
6. 6 hours before your arrival time \_\_\_\_\_ mix the other bottle of Suprep with 16 ounces of cold water, stir and drink it.
7. Drink 32 ounces of water over the next hour, NOTHING MORE BY MOUTH after that, except medications listed in #8.
8. Blood pressure, heart, anxiety or seizure medicine should be taken with a sip of water at least 2 hours prior to your arrival time.

Date of Procedure: \_\_\_\_\_

Arrival time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_

Location:

\_\_\_\_\_ Yale New Haven Hospital - 35 Park St, New Haven, CT - Smilow 4th floor

\_\_\_\_\_ Hospital of Saint Raphael-Yale - 1450 Chapel St, New Haven, CT - 2nd floor (GI Lab)

\_\_\_\_\_ Yale Shoreline Hospital - 800 Boston Post Road, Guilford, CT

\_\_\_\_\_ Digestive Disease Associates, LLC - 229 Montowese Street, Branford, CT