

DDA | DIGESTIVE DISEASE ASSOCIATES

GOLYTELY/CO-LYTE/TRILYTE PREP INSTRUCTIONS

<u>DAY BEFORE PROCEDURE</u>	<u>1:00 pm</u>	<u>1:30 pm</u>	<u>2:00 pm</u>	<u>2:30 pm</u>	<u>3:00 pm</u>
Mix prescription laxative, add flavor packet if it comes with prescription OR crystal light lemonade ONLY > fill container to water line, shake, refrigerate OR room temperature					
	Drink 8 oz. prescription laxative mixture	Drink 8 oz. prescription laxative mixture	Drink 8 oz. prescription laxative mixture	Drink 8 oz. prescription laxative mixture	Drink 8 oz. prescription laxative mixture

- ❖ You can drink other **CLEAR** liquids in addition to the prescription prep throughout the prep
- ❖ **NO MORE CLEAR LIQUIDS NOT EVEN WATER 4 HOURS PRIOR TO PROCEDURE START – YOU CAN TAKE BLOOD PRESSURE/HEART/ SEIZURE/ANXIETY MEDS WITH SIP OF WATER AT LEAST 2 HOURS BEFORE ARRIVAL FOR PROCEDURE**