

DDA | DIGESTIVE DISEASE ASSOCIATES

Su-Tab Instructions

Please follow these instructions and NOT the instructions on the Sutab box

If your arrival time is BEFORE 11:45am please follow these instructions

1 Day prior to your procedure -

1. See the list of diet instructions on your Colonoscopy Prep Instructions titled "Day before your procedure".
2. **5PM- Open 1st bottle of 12 tablets.**
3. Fill the provided container with 16 oz of water (fill line). Swallow each tablet with a sip of water and drink the entire amount over 15-20 minutes. (If you become uncomfortable, take the tablets and water more slowly)
4. 1 hour after you take the last tablet, fill the provided container a second time with 16 oz of water and drink it over 30 minutes.
5. Repeat #4 after 30 minutes this time.
6. **11pm- Open 2nd bottle of 12 tablets.** Repeat steps #3-5.
7. **OK to continue clear liquids. Nothing by mouth, including water, starting 4 hours before your arrival time.** If you take blood pressure, heart, seizure or anxiety meds in the morning, please take them **at least 4 hours** prior to your arrival. Please take them with only a sip of water.

If your arrival time is AFTER 11:45am please follow these instructions.

1 Day prior to your procedure -

1. REPEAT ABOVE STEPS #1-5 above.
2. **5am** - Take your 2nd dose of Sutabs the morning of your procedure
3. 1 hour after you take the last tablet, fill the provided container a second time with 16 oz of water and drink it over 30 minutes.
4. Repeat #3 after 30 minutes this time.
5. **OK to continue clear liquids. Nothing by mouth, including water, starting 4 hours before your arrival time.** If you take blood pressure, heart, seizure or anxiety meds in the morning, please take them **at least 4 hours** prior to your arrival. Please take them with only a sip of water.

Please be advised - 2-5 days prior to the procedure you will get a MyChart message titled "Procedure Reminder/Read Entire Message". This will provide you with your arrival time which is usually 1 hour prior to your scheduled procedure. If you do not get the message please call us at 203-481-0315. Leave a message and someone will get back to you ASAP.